

## Autumm / Winter Menu 2023/24



Week One							
Monday	Tuesday	Wednesday	Thursday	Fun Friday			
All day Breakfast.	Pork Meatballs in	Shepherd's pie with	Chicken Tikka	Crispy chicken wrap			
	Tomato sauce with	seasonal vegetables		with Chips &			
Vegetarian	pasta		Cheese Whirl (v)	Spaghetti hoops			
Breakfast (v)		Tomato pasta bake					
	Cheese panini with	with crunchy salad.	Jacket Potatoes	Omega three fish			
	homemade wedges		(choice of fillings)	fingers with chips			
Jacket Potatoes		Jacket Potatoes	(gf)	and mushy peas			
(choice of fillings)	Jacket Potatoes	(choice of fillings)					
(gf)	(choice of fillings)	(gf)	Sandwich selection	Sandwich selection			
	(gf)		Ham, Cheese, Tuna	Ham, Cheese, Tuna			
Sandwich selection		Sandwich selection					
Ham, cheese, or tuna	Sandwich selection	Ham, Cheese, Tuna	Raspberry Ripple	Chocolate Brownie			
	Ham, Cheese, Tuna		Mousse				
Waffle with ice		Fruity Flapjack		Yoghurt (gf)			
cream	Iced sponge.		Yoghurt (gf)				
		Yoghurt (gf)		Fresh Fruit (gf)			
Yoghurt (gf)	Yoghurt (gf)		Fresh Fruit (gf)				
		Fresh Fruit (gf)					
Fresh Fruit (gf)	Fresh Fruit (gf)						

Bread basket and salad bar are available every day.

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Week Two								
Monday	Tuesday	Wednesday	Thursday	Fun Friday				
Sausage, mash	Chilli Con carne with	Roast Chicken with	Meat Pie with mash	Beef Burger with				
seasonal vegetables	rice	Yorkshire pudding	& seasonal	chips and spaghetti				
and gravy			vegetables	hoops				
	Tomato pasta bake	Tuna and Sweetcorn						
Quorn sausage,	(v)	pasta bake, with	Cheese Whirl (v)	Battered fish, chips,				
mash, Seasonal		crunchy salad (v)		and peas.				
Vegetables (v)	Jacket Potatoes		Jacket Potatoes					
	(choice of fillings)	Jacket Potatoes	(choice of fillings)	Jacket Potatoes				
Jacket Potatoes	(gF)	(choice of fillings)	(gf)	(Choice of fillings)				
(choice of fillings)		(gf)		(gf)				
(gf)	Sandwich selection		Sandwich selection					
	Ham, Cheese & Tuna	Sandwich selection	Ham, Cheese & Tuna	Sandwich selection				
Sandwich selection		Ham, Cheese & Tuna		Ham, Cheese & Tuna				
Ham, Cheese & Tuna	Chocolate muffin		Carrot cake					
		Shortbread biscuits		Cornflake cake				
Strawberry Trifle	Yoghurt (gf)		Yoghurt (gf)					
		Yoghurt (gf)		Yoghurt (gf)				
Yoghurt (gf)	Fresh Fruit (gf)		Fresh Fruit (gf)					
		Fresh Fruit (gf)		Fresh Fruit (gf)				
Fresh Fruit (gf)								
			4 - 2 - 4					

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Week Three								
Monday	Tuesday	Wednesday	Thursday	Fun Friday				
Garlic chicken	Beef Lasagne with	Sloppy joe burger	Meat Pie with mash	Chunky Chicken				
	crunchy salad	with seasonal	and seasonal	nuggets with chips,				
Tomato pasta bake		vegetables and	vegetables	beans, or spaghetti				
(v)	Cheese & Tomato	crunchy salad.		hoops				
	pizza with herbie		Plain omelette with					
Jacket Potatoes	diced potatoes	Vegetarian ravioli in a	beans (v)	Vegetarian sausage				
(choice of fillings)	(v)(gF)	tomato sauce (v)		roll with chips and				
(gf)			Jacket Potatoes	beans or spaghetti				
	Jacket Potatoes	Jacket Potatoes	(choice of fillings)	hoops (v)				
Sandwich selection	(choice of fillings)	(choice of fillings)	(gf)					
Ham, Cheese, Tuna	(gf)	(gf)		Jacket Potatoes				
			Sandwich selection	(Choice of fillings)				
Lemon Biscuit	Sandwich selection	Sandwich selection	Ham, Cheese, Tuna	(gf)				
V 1 1 (0)	Ham, Cheese, Tuna	Ham, Cheese, Tuna		0 1 1 1				
Yoghurt (gf)	De des E	Hannan a la Olanta ala	Chocolate cookie	Sandwich selection				
	Doughnut	Homemade flapjack	V- d- m+ (d0)	Ham, Cheese, Tuna				
Fresh Fruit (gf)	V= ==== (======== (====================	V(0)	Yoghurt (gf)					
	Yoghurt (gf)	Yoghurt (gf)		Chocolate brownie				
	Enoch Envit (c)	Enoch Enuit (ac)	Fresh Fruit (gf)	Vogbunt (aC)				
	Fresh Fruit (gf)	Fresh Fruit (gf)		Yoghurt (gf)				
				Fresh Fruit (gf)				

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Some of the items on the menu may contain ALLERGENS in the ingredients. We understand the dangers to individuals with allergies or food intolerances. If this applies to your child, please speak with a member of staff.