



The Forest School Approach

The original Forest School concept was developed in Sweden, in the 1950's. Through hands on play, in a woodland setting, children built self-esteem and independence. This Swedish concept was then further developed by Scandinavia and other European countries.

Where did Forest School originate?

Forest Schools are nature-based communities, where Forest School Leaders nurture learner-led exploration and discovery, through meaningful experiences (resulting in positive lifelong impacts).



What is Forest School?



Forest School Aims

To develop a
healthier
lifestyle and
body.

To nurture
self
esteem.

To learn to work as
a team and improve
our communication
skills.

To inspire our
children about
nature and the
outdoors.

To teach
resilience and
allow for risk
taking.

To help
create more
independent
learners.

Research has found that the Forest School approach creates a multitude of benefits such as:

- Better emotional understanding
- Increased problem solving
- Rapid increase in vocabulary and communication
- Reading, writing and maths improve
- Unwanted behaviours decrease



Here's what we have tried so far:



Perseverance

Process & achievement

Grit & determination



Knowledge

Strength

Self worth/
confidence

Fire Lighting

Working together to prepare
tinder for our fire...



Working together to split wood for our fire...



We have developed our:



- Self esteem
- Confidence
- Determination
- Preparation skills
- Safety skills
- Leadership skills

Teamwork...



Developing skills...



Applying our skills for a purpose...



Being creative...

