

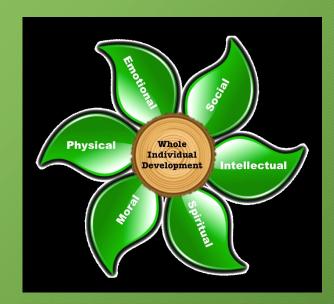
#### The Forest School Approach

The original Forest School concept was developed in Sweden, in the 1950's. Through hands on play, in a woodland setting, children built self-esteem and independence. This Swedish concept was then further developed by Scandinavia and other European countries.

Where did Forest School originate?

Forest Schools are nature-based communities, where Forest School Leaders nurture learner-led exploration and discovery, through meaningful experiences (resulting in positive lifelong impacts).

What is Forest School?





### Forest School Aims

To develop a healthier lifestyle and hady.

To nurbure self esteem.

To learn to work as a team and improve our communication skills.

To inspire our children about nature and the authors.

To teach resilience and allow far risk taking.

To help create more independent learners.

## Research has found that the Forest School approach creates a multitude of benefits such as:



#### Here's what we have tried so far:



Self worth/confidence

Perseverance

Process & achievement

Grit & determination





Knowledge

Strength

## Working together to prepare tinder for our fire...





#### Working together to split wood for our fire...







#### We have developed our:



- Self esteem
- Confidence
- Determination
- Preparation skills
- Safety skills
- Leadership skills





#### Developing skills...







# Applying our skills for a purpose...







#### Being creative...





