

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Being in my world.	<p>To know how to feel special and safe in their class.</p> <p>Understand the rights and responsibilities as a member of their class and have a sense of belonging.</p> <p>Can contribute to the 'classroom rules'/know how to be proud.</p> <p>Recognise their choices and consequences of this and recognise a range of feelings associated with these.</p> <p>Understand their rights and responsibilities within the classroom rules.</p> <p>To be able to name some problems that might occur in the environment e.g. litter, anti-social behaviour, neglect.</p>	<p>Identify hopes and fears for the year/know when to ask for help.</p> <p>Understand the rights and responsibilities as being part of the class and school.</p> <p>Understand rights and responsibilities and rewards and consequences of actions.</p> <p>Understand how following the class rules will help us learn.</p> <p>Know what improves and harms their local environment and how to care for these.</p>	<p>Recognise their worth and identify their achievements/set personal goals.</p> <p>Face new challenges, make responsible choices and ask for help when needed.</p> <p>Recognise how it feels to be happy, sad or scared.</p> <p>Understand why rules are needed and how they relate to their rights and responsibilities.</p> <p>Understand how their actions affect others.</p> <p>Know their rights in their home, school and environment and can name these.</p> <p>Recognise the skills they need to carry out their responsibilities and how it feels to be responsible.</p>	<p>Know how their attitudes and actions make a difference to the class team.</p> <p>Understand who is in their school community and the role they play.</p> <p>Understand how democracy works through the school council & how it benefits our school.</p> <p>Understand how groups come together to make decisions.</p> <p>Know what resources the environment provides for us.</p> <p>Understand that environmental resources are limited and what sustainability means.</p>	<p>Face new challenges positively and know how to set personal goals.</p> <p>Understand the rights and responsibilities of being a citizen in their country and school.</p> <p>Know how others in the country have different lives.</p> <p>Make choices about their own behaviour because they know how rewards and consequences feel.</p> <p>Understand how an individual's behaviour can affect a group.</p> <p>Know what deforestation is and how it affects animals and humans.</p> <p>Give their view on deforestation and discuss ways that the problem could be tackled.</p>	<p>Identify their goals for this year and fears and worries for the future.</p> <p>Know that there are universal rights for all children but for many these aren't met.</p> <p>Understand that their actions affect others locally and globally (compare to different communities).</p> <p>Make choices about their own behaviour and understand how rewards and consequences feel and understand how these relate to their own feelings.</p> <p>Identify environmental issues (climate change, lack of water, over fishing) and name some problems with these.</p> <p>Debate an environmental issue to understand it from both sides.</p>
Celebrating difference	<p>Identify similarities between people in their class.</p> <p>Identify differences between people in their class.</p> <p>Be able to say what bullying is.</p> <p>Be able to say who they could talk to if they were unhappy or being bullied.</p> <p>Know how to make new friends.</p> <p>Explain how they are different to their friends.</p>	<p>Know ways boys and girls are similar and accept this is okay (stereotypes).</p> <p>Know ways boys and girls are different and accept this is okay (stereotypes).</p> <p>Understand that bullying is sometimes about difference.</p> <p>Recognise what is right and wrong and how to look after themselves.</p> <p>Understand that it is OK to be different from others and to be friends with them.</p> <p>Say how they are different to their friends.</p>	<p>Understand that everybody's family is different and important to them.</p> <p>Understand that differences and conflicts sometimes happen in families and how to calm themselves down.</p> <p>Know what it means to be a witness to bullying (make someone better who has been bullied).</p> <p>Know that witnesses can make the situation better or worse (problem-solve bullying situation).</p> <p>Recognise how some words can be used in a hurtful way (gay, fat) etc.</p> <p>Reflect on a time when their words affected someone and the consequences (giving and receiving compliments).</p>	<p>Understand that sometimes people make assumptions about people based on their looks.</p> <p>Understand what influences them to make assumptions based on how people look.</p> <p>Know that sometimes bullying is hard to spot and know what to do if they think it is going on.</p> <p>Explain why witnesses sometimes join in with bullying and don't tell (problem solve bullying situation).</p> <p>Identify what is special about themselves and value how they are unique (physical appearance).</p> <p>Reflect on a time where their impression of someone changed when they got to know them.</p>	<p>Understand that cultural differences can cause conflict.</p> <p>Understand what racism is.</p> <p>Understand how spreading rumour and name calling can be bullying.</p> <p>Explain the difference between direct and indirect types of bullying.</p> <p>Compare their life with people in the developing world (value happiness over wealth).</p> <p>Understand a different culture from their own.</p>	<p>Understand that there are different perceptions about what normal means.</p> <p>Understand how being different could affect someone's life.</p> <p>Explain some of the ways in which one person or a group can have power over another (being excluded).</p> <p>Know some of the reasons why people bully.</p> <p>Give examples of people with disability that lead amazing lives.</p> <p>Explain ways in which difference can be a source of conflict or celebration.</p>
Living in the wider world	<p>Set simple goals & work out steps to achieve this.</p> <p>Know ways to work well with a partner.</p> <p>Tackle a new challenge and understand this might stretch their learning (growth mindset).</p> <p>Identify obstacles which make it more difficult to achieve a new challenge and ways to tackle these (growth mindset).</p> <p>Know ways that money is obtained (work, gifts, found, borrowed) and what it can be spent on.</p> <p>Know why people may spend or save their money and where to store it so that it is safe.</p>	<p>Know how to choose a realistic goal and how to achieve it.</p> <p>Be able to carry on trying even when they find things difficult.</p> <p>Recognise who they work well with and who it is difficult to work with.</p> <p>Be able to work well in a group & share the successes of others.</p> <p>Describe different types of money (paper, coins, cheques) and how this is obtained.</p> <p>Identify some ways that people keep track of money (online banking, storing it in a safe etc) and why this is important.</p>	<p>Identify a person who faced difficulty and achieved success.</p> <p>Identify a dream/ambition that is important to them.</p> <p>Enjoy facing new challenges and finding the best way to achieve them.</p> <p>Understand what a money budget is and why people set these.</p> <p>Know that they may not always be able to buy what they want straight away, if at all.</p> <p>Know that money can be borrowed if people can't afford things - a loan.</p> <p>Know that when money is in a bank account, it can earn 'interest' and that loans usually carry an 'interest'.</p>	<p>Talk about some of their hopes and dreams.</p> <p>Understand that sometimes hopes and dreams don't come true.</p> <p>Know that reflecting on positive and happy experiences can help to stop disappointment.</p> <p>Know how to make a new plan and set new goals even if they have been disappointed.</p> <p>Understand how companies persuade people to buy their products through advertising.</p> <p>Decide what makes something a 'better value for money' than something else.</p> <p>Know what being 'enterprising' means and ways they can do this in school (summer fayre, bingo nights etc).</p>	<p>Describe the dreams and goals of young people in a culture different to their own.</p> <p>Understand that communicating with someone from another culture means they can learn from each other and identify ways to support each other.</p> <p>Understand the role that money plays in people's lives (type of house they have, products they buy, where they live).</p> <p>Know about a range of jobs carried out by people.</p> <p>Know and explore how jobs pay different amounts of money.</p> <p>Know the difference between credit and debt and reasons why someone may be in debt.</p> <p>Know where to get good money advice from.</p> <p>Know what skills are required to be 'enterprising' and why it is important to have these type of people in our society (inventor's/ job creation/ different ways of doing things).</p>	<p>Raising Aspirations Programme</p> <p>Can write a CV explaining the skills, experience and knowledge that I have.</p> <p>I know what my 'dream job' is and can choose one that is realistic.</p> <p>I know what strategies to use in a job interview.</p> <p>I can identify the skills and knowledge that I will need to get my 'dream job' in the future.</p>

<p>Healthy me</p>	<p>Understand the difference between being healthy and unhealthy and ways to keep healthy.</p> <p>Know how to keep clean and healthy and how germs make us ill.</p> <p>Know household products including medicines can be harmful but how medicines can help if poorly.</p> <p>Name bad and good feelings and reasons they may feel like this.</p> <p>Know where on their body they bad and good feeling.</p> <p>Know some ways they can make their self feel better if they are not feeling good.</p> <p>Know how to keep safe when crossing the road and about people who help them to stay safe.</p>	<p>Know what they need to keep their bodies healthy- exercise, rest, healthy eating and good hygiene.</p> <p>Understand how medicines work in their body and how important it is to use safely.</p> <p>Sort foods into the correct food groups and know which ones their body needs every day.</p> <p>Be able to make some healthy snacks and explain why they are good for our bodies.</p> <p>Name a range of different feelings and emotions and know when they may feel like this.</p> <p>Know that it is normal to have a range of different feelings and emotions.</p> <p>Develop some strategies to manage their feelings, especially negative ones.</p>	<p>Understand how exercise affects their bodies and why heart and lungs are important.</p> <p>Know that the amount of calories, fat and sugar they put into their body will affect their health.</p> <p>Identify when they have the opportunity to make choices about food and drink, their selves.</p> <p>Know that germs and bacteria can pass on illnesses and ways to prevent this from happening (including vaccinations).</p> <p>Know that antibiotics will not work forever and how they should only be used when really needed.</p> <p>Identify things, people and places that they need to keep safe from and strategies for this.</p> <p>Know what a 'habit' is and that some are harmful and some are harmless.</p> <p>Identify some healthy and unhealthy habits.</p> <p>Recognise that although difficult, habits can be changed or stopped with the right help.</p>	<p>Recognise how different friendship groups can be formed and how they fit into them.</p> <p>Understand that there are people who take on the role of leaders or followers in a group.</p> <p>Know what a 'drug' is and can name some that are common in everyday life (medicines, caffeine, alcohol, tobacco).</p> <p>Understand the affect of smoking on health and reasons some people start.</p> <p>Understand the effects of alcohol on health and the liver and some reasons people drink.</p> <p>Recognise when they are being put under pressure by people and know ways to resist this.</p> <p>Have a clear picture of what they think is right and wrong.</p>	<p>Know the health risks of smoking and explain how it affects the lungs, liver and heart.</p> <p>Know a habit is sometimes the reason why people smoke and ways to stop this.</p> <p>Know some of the risks with misusing alcohol, including ASBO and how it affects liver and the heart.</p> <p>Know that a habit is sometimes the reason why people drink and ways to stop this.</p> <p>Know and can put into practice basic first aid and know who to contact.</p> <p>Understand how media, social media and celebrity culture promotes certain body types.</p> <p>Describe the different roles food can play in people's lives and explain how people can develop eat disorders.</p> <p>Know what makes a healthy lifestyles (including mental and emotional health) and the choices they need to be healthy and happy.</p>	<p>Take responsibility for their health and make choices that benefit this.</p> <p>Know about different types of drugs and the effects on the body (liver + heart).</p> <p>Understand that some people can be exploited and made to do things against the law.</p> <p>Know why some people join gangs and the risks involved.</p> <p>Understand what it means to be emotionally well and explore people's attitude towards mental health.</p> <p>Recognise stress and the triggers of this and how it can result in alcohol and drug misuse.</p>
<p>Relationships</p>	<p>Identify members of their family and understand that there are lots of types.</p> <p>Identify what being a good friend means to them.</p> <p>Know appropriate ways of physical contact to greet their friends and which they prefer.</p> <p>Know who can help them in school.</p> <p>Explain why they appreciate someone who is special.</p> <p>Know what a secret is and the difference between a secret and surprise.</p>	<p>Identify members of their family and understand why their relationship is important with each of them.</p> <p>Understand that there are lots of forms of physical contact within a family and that some are acceptable and some are not.</p> <p>Identify some of the things that cause conflict with their friends.</p> <p>Know that no one should ask them to keep a secret that makes them feel worried and know who they can speak to about this.</p> <p>Recognise and appreciate people who can help them in their family, school and community.</p> <p>Express their appreciation for the people in their special relationships.</p>	<p>Identify roles and responsibilities of family members and reflect of expectations of males and females.</p> <p>Identify and put into practise some of the friendship skills e.g. taking turns, being a good listener.</p> <p>Know how to respond to unacceptable physical contact and that they have a right to 'body space'.</p> <p>Explain how the actions and work of people around the world can affect their life.</p> <p>Understand how their needs and rights are shared by children around the world and identify how these may be different.</p> <p>Know how to express their appreciation to their friends and family.</p>	<p>Recognise situations which can cause jealousy in relationships.</p> <p>Identify someone they love and can express why they are special to them.</p> <p>Identify things people may wish to keep private and identify time when people want and need privacy</p> <p>Recognise how friendships change, know how to make new ones and how to manage fall outs.</p> <p>Know some ways they 'recognise' relationships e.g. marriage/anniversaries/Mother's day.</p> <p>Know how to show love and appreciation to the people and animals that are special to them.</p>	<p>Have an accurate picture of who they are as a person in terms of characteristics.</p> <p>Understand that belonging to an online community can have positive and negative consequences.</p> <p>Understand that there are rights and responsibilities in an online community of social network.</p> <p>Know that there are rights and responsibilities when playing a game online.</p> <p>Recognise when they are spending too much time on devices.</p> <p>Explain how to stay safe when using technology to communicate with friends.</p>	<p>Know that it is important to take care of their mental health.</p> <p>Know how to take care of their mental health.</p> <p>Understand that there are different stages of grief and different types of loss.</p> <p>Recognise when people are trying to gain power.</p> <p>Judge whether something online is safe and helpful.</p> <p>Use technology positively and safely to communicate with their friends and family.</p>
<p>Changing me</p>	<p>Begin to understand the life cycles of humans.</p> <p>Describe some things that have changed and some things that are the same about themselves.</p> <p>Say how their body has changed since they were a baby.</p> <p>Identify parts of the body that make boys different to girls and the name of these.</p> <p>Understand that when they learn they change a little bit.</p> <p>Know about changes that have happened in their life.</p>	<p>Understand about natural processes- growing from young to old, and that this isn't in our control.</p> <p>Recognise how their body has changed since they were a baby and where they are on the journey from young to old.</p> <p>Recognise the physical difference between boys and girls' privates and be able to name them.</p> <p>Know that their privates are private.</p> <p>Understand that there are different types of touch and which are positive and negative.</p> <p>Be able to give examples of change in their life and how this feels (new class/new baby brother).</p> <p>Identify what they are looking forward to in Y3.</p> <p>Name a time they lost something (toy etc) and describe how they felt because of this.</p>	<p>Understand that lots of changes happen in animals and humans from conception to growing up and that it is usually the female who has the baby.</p> <p>Understand how babies grow and develop and know what they need for this.</p> <p>Describe a range of feelings (good and not so good) and use a scale of intensity to describe them.</p> <p>Give examples of change they may go through (class, teacher, new house) and know that this may make them feel a variety of feelings.</p> <p>Start to recognise stereotypical ideas about parents and family roles.</p> <p>Identify what they are looking forward to next year in year 4.</p>	<p>Understand that some of their characteristics come from their parents due to the joining of sperm and egg.</p> <p>Correctly label internal and external male and female body parts (babies)</p> <p>Describe how a girl's body changes in order for her to be able to have babies (periods)</p> <p>Know how the circle of change works and can apply it to changes they want to make in their life.</p> <p>Identify changes that have been and may continue to be made outside of their control.</p> <p>Identify what they are looking forward to next year in year 5.</p>	<p>Beginning to be aware of their own self-image how their body image fits into that</p> <p>Begin to understand how to look after themselves physically and emotionally.</p> <p>Describe how girls and boys' bodies change during puberty.</p> <p>Identify what they look forward to when they become a teenager and know they have growing responsibilities (age of consent)</p> <p>Identify what they are looking forward to next year in year 6.</p>	<p>Be aware of their own self-image and how their body image fits into that.</p> <p>Understand how to look after themselves physically and emotionally.</p> <p>Describe and explain how girls and boys bodies change during puberty.</p> <p>Understand that sexual intercourse leads to conception and that is how babies are usually made.</p> <p>Know that sometimes people need IVF to help them to have babies.</p> <p>Understand how being physically attracted to someone changes the nature of the relationship and what it might mean to have a boyfriend and girlfriend.</p> <p>Know that marriage is between two people who love each other and want to spend their lives together.</p> <p>Know that no one has the right to tell people who they must marry or force them and that this is illegal.</p>

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