

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Being in my world.	<p>Contribute to the creation of our classroom rules.</p> <p>Name some rights and responsibilities I have at home.</p> <p>Name some people who help me in the community.</p>	<p>Contribute to the creation of our classroom rules.</p> <p>Know why rules are important.</p> <p>Know what are Fair rewards and consequences</p> <p>Decide as a class, what our rewards and consequences will be.</p> <p>Name some consequences of my actions.</p> <p>Identify problems in the local environment e.g litter, anti-social behaviour, neglect</p> <p>Name ways to look after the local environment.</p> <p>Identify risks in the home and how to stay safe.</p>	<p>Contribute to the creation of our classroom rules.</p> <p>Know why rules are important.</p> <p>Know what are Fair rewards and consequences</p> <p>Decide as a class, what our rewards and consequences will be.</p> <p>Name some of the universal rights of the child</p> <p>Know why bees are important to our lives and how to care for them.</p> <p>Know what to do if I got lost.</p>	<p>Contribute to the creation of our classroom rules.</p> <p>Know why rules are important.</p> <p>Know what are Fair rewards and consequences</p> <p>Decide as a class, what our rewards and consequences will be.</p> <p>Understand why laws are made and what happens if these are broken.</p> <p>Explain some animal rights and how to care for animals.</p> <p>Know how to make an emergency call.</p>	<p>Contribute to the creation of our classroom rules.</p> <p>Know why rules are important.</p> <p>Know what are fair rewards and consequences</p> <p>Decide as a class, what our rewards and consequences will be.</p> <p>Know how democracy works through the school parliament and how this benefits our school.</p> <p>Know the importance of recycling</p> <p>Understand how important road safety is and what strategies to use when near roads.</p>	<p>Contribute to the creation of our classroom rules.</p> <p>Know why rules are important.</p> <p>Know what are Fair rewards and consequences</p> <p>Decide as a class, what our rewards and consequences will be.</p> <p>Identify what a local government does.</p> <p>Know how to use water responsibly and the importance of this.</p> <p>Understand how to stay safe around railways.</p>	<p>Contribute to the creation of our classroom rules.</p> <p>Know why rules are important.</p> <p>Know what are Fair rewards and consequences</p> <p>Decide as a class, what our rewards and consequences will be.</p> <p>Understand what a national government does.</p> <p>Understand what biodiversity is and explain the importance of doing all we can to encourage it.</p> <p>Name ways to stay safe around water.</p>
Celebrating difference	<p>Understand how it feels to belong & can name some physical differences between myself and others.</p> <p>Know some ways that people may hurt other people's feelings and how to consider these.</p> <p>Understand ways to be kind to others and can demonstrate this</p>	<p>Identify similarities between myself and others in my class (hobbies and interests - not physical)</p> <p>Identify differences between myself and others in my class (hobbies and interests - not physical)</p> <p>Know what bullying is and the difference between conflict and bullying.</p> <p>Identify people who I can talk to if I am being bullied.</p> <p>Name ways that I am unique.</p> <p>Name some of the routines that I live by at home (e.g. weekly family night, night time routines, where they eat tea etc)</p>	<p>Know what a gender stereotype is and can challenge these (job roles)</p> <p>Find out about someone who has challenged gender stereotypes.</p> <p>Know that bullying can be about difference.</p> <p>Recognise the difference between what is right and wrong and how to look after myself.</p> <p>Know that it is OK to be different from others and how to be friends with everyone.</p> <p>Know what 'culture' means.</p>	<p>Understand that everybody's family is different.</p> <p>Know that some people may stereotype based on someone's age and some people who have challenged this e.g David Attenborough, Tom Moore, The Queen</p> <p>Know what it means to be a witness to bullying.</p> <p>Know that witnesses can make the situation better or worse and problem solve a bullying situation.</p> <p>Reflect on a time when my words have affected someone and the consequence on this (positive and negative)</p> <p>Name some elements of British Culture.</p>	<p>Know that sometimes people make assumptions based on someone's looks.</p> <p>Know some ways that people with disabilities have challenge stereotypes and lead amazing lives.</p> <p>Know that bullying can be hard to spot and identify some of the signs.</p> <p>Understand that witnesses may sometimes join in with bullying and why this is.</p> <p>Identify what is special about myself and value my physical appearance.</p> <p>Know some of the different beliefs, faiths and cultures of children in my class</p>	<p>Understand that cultural difference can cause conflict.</p> <p>Know ways and reasons people may be discriminated against and about the Equality Act.</p> <p>Know that rumour spreading and name calling can be bullying and the effects of this.</p> <p>Know the difference between direct and indirect bullying.</p> <p>Compare my own life with people in developing world (value happiness over wealth)</p> <p>Describe a diverse society and talk about why it is important. -</p>	<p>Understand that there are different perception about what 'normal' means.</p> <p>Know how being different may affect someone's life.</p> <p>Know some of the reason why people may bully others.</p> <p>Explain some of the ways in which one person or a group can have power over another (Being excluded)</p> <p>Identify things that I love about myself and others around me and celebrate this.</p> <p>Understand how to show respect to those of other cultures / beliefs.</p>
Living in the wider world	<p>Understand that if I keep trying, I can tackle challenges (Growth mindset)</p> <p>Know a range of jobs that people do</p> <p>Become familiar with different types of money.</p>	<p>Know that everyone has different strengths</p> <p>Understand 'the magic of yet'</p> <p>Recognise jobs of people in the community and what they entail.</p> <p>Identify jobs I like and don't like.</p> <p>Know different forms that money comes in (coins, notes, cheques, cards etc)</p> <p>Know places to keep money safe</p>	<p>Identify my own strengths and something I would like to improve at / learn.</p> <p>Know what growth mindset is.</p> <p>Identify a job I would like to do in the future.</p> <p>Know that people may have more than one job during their life.</p> <p>Understand where money can come from.</p> <p>Know the difference between a need and a want</p>	<p>Set a realistic goal to achieve as a class and work together to create a plan on how to achieve.</p> <p>Know ways to work as a team to work towards a goal.</p> <p>Name skills and attributes needed for certain jobs.</p> <p>Know why people do voluntary work</p> <p>Know different ways people pay for things and the choices that they have for this</p> <p>Know the different decisions people have to make about spending their money</p>	<p>Set a realistic goal to achieve independently and create 'steps for success' to achieve this.</p> <p>Begin to follow steps for success to achieve a goal</p> <p>Know what perseverance is.</p> <p>Know what job I would like to do in the future and the skills I need for this.</p> <p>Understand why people may do certain jobs (Family connections, personal interest, stereotypes)</p> <p>Know about financial risk, borrowing and the consequences of this</p> <p>Understand how adverts influence our spending and why they do this</p>	<p>Identify hopes and dreams for the future.</p> <p>Know that not all hopes and dreams come true.</p> <p>Understand that a helpful attitude towards learning helps us success in life</p> <p>Know different routes into jobs that I am interested in.</p> <p>Know that everyone is entitled to equal opportunities</p> <p>Know how to set a budget and why this is helpful</p> <p>Understand what gambling is and the impact on this</p>	<p>Know difference between a quality and a skill</p> <p>Be able to create a CV for myself</p> <p>Identify my 'dream' job and choose one that is realistic</p> <p>Know how to write a basic covering letter.</p> <p>Know strategies to use in a job interview and prepare for this.</p> <p>Take part in a mock job interview.</p>
Healthy me	<p>Name some ways of staying healthy.</p> <p>Name a range of emotions and feelings.</p> <p>Know the 5 ways to wellbeing and complete activities linked to : Connect</p>	<p>Know the difference between healthy and unhealthy lifestyles.</p> <p>Know you should aim for 5 fruits or vegetables a day and 6-8 glasses of sugar-free fluid a day.</p> <p>Know how to identify medicines and how to be safe around them.</p> <p>Know where on my body I may feel a good or bad feeling.</p>	<p>Understand how to maintain good hygiene and why this is important.</p> <p>Be able to make some healthy snacks to try.</p> <p>Know how medicines can help me.</p> <p>Name some causes of different emotions.</p> <p>Know the 5 ways to wellbeing and complete activities linked to : Be Active</p>	<p>Name some ways that getting enough sleep benefits me.</p> <p>Sort foods into the correct food groups and know the importance of each food group.</p> <p>Know that germs and bacteria can pass on illnesses and ways to prevent this from happening (including vaccinations).</p>	<p>Understand the importance of sun safety.</p> <p>Know that the amount of calories, fat and sugar they put into their body will affect their health.</p> <p>Identify early signs of physical illnesses (such as weight loss or changes to the body)</p> <p>Judge whether what they are feeling and</p>	<p>Know the importance of visiting the dentist and maintaining good oral hygiene.</p> <p>Know the effects of an unhealthy diet on the body.</p> <p>Know basic first aid strategies.</p> <p>Know what support to get if experiencing problems with mental health</p>	<p>Know the effects of an inactive lifestyle and why we should be active.</p> <p>Describe the different roles food can play in people's lives and explain how people can develop eating disorders.</p> <p>Name some 'drugs' and the effects of these on the body. (inc smoking)</p>

		Know the 5 ways to wellbeing and complete activities linked to : Take Notice		Know strategies to deal with different emotions Know the 5 ways to wellbeing and complete activities linked to : Keep Learning	how they are behaving is appropriate and proportionate Know the 5 ways to wellbeing and complete activities linked to : Give	Know the 5 ways to wellbeing and complete activities linked to : Connect	Understand what it means to be emotionally well and explore people's attitude towards mental health. Know the 5 ways to wellbeing and complete activities linked to : Take Notice
Relationships	Understand how to show good manners Talk about the members of my family. Know some basics of being a good friend (being kind, looking after each other etc)	Name some teams that I belong to Identify members of my family and know that there's lots of types Name some of my friends and express my love for them. Know how to respond to adults that I do not know. (Stranger Danger) Know that some people pretend to be someone they are not, when online	Know how to be a good listener. Name someone I love in my family and express why they are special to me. Identify the qualities of a good friend (mutual respect, truthfulness, trustworthiness, loyalty, kindness, trust, support) Identify positive and negative types of physical contact. Know how to treat people online with respect	Describe how my actions affect my 'team' Identify some feelings associated with being part of a family and express why I may feel that way. Explain ways to make and keep friends. Know that my private parts are private and I have the right to 'body space' Name information that I should keep private online and explain why	Know how to pay attention to and respond considerately to others. Name qualities that I should get from my family (protection, care, time together, commitment) Know ways to resolve arguments and disagreements Know the difference between a 'secret' and a 'surprise' Decide how reliable online information is.	Know how to compromise and collaborate to ensure a task is completed Know what to do if family relationships are making me unhappy or unsafe. Identify negative influences of my behaviour and ways to resist this Know that sometimes we may need to tell secrets if they relate to being safe. Recognise the signs of inappropriate and harmful online relationships	Understand the importance of shared responsibilities in helping a team. Know marriage is a legal binding of two people to each other. Know the legal age of marriage and that forced marriage is illegal. Recognise healthy and unhealthy relationships Identify where to seek support if something is making me feel uncomfortable. Know what consent means. Know how to use social media responsibly.
Changing me	Name ways I have changed since I was a baby Know how to brush my teeth independently. Name something they're excited about doing in Y1.	Know the correct names of male and female body parts Know how to help around the home independently (washing up / folding clothes) Identify something that they are looking forward to / worried about Y2	Name the life cycle of a human and some things that they should be able to do at each stage Know how to tie my shoelaces Identify something that they are looking forward to / worried about Y3	Name some changes that I've experienced in their lives and how this made me feel Know how to make simple no-cook recipes independently. Identify something that they are looking forward to / worried about Y4	Name some changes that I've experienced in their lives and how this made me feel Know how to make simple no-cook recipes independently. Identify something that they are looking forward to / worried about Y4	HH Kids to teach - Preparing for Puberty Sessions <i>Girls only session:</i> Explain when and how puberty starts Give examples of some physical body changes as we approach puberty Explain the menstrual cycle and products available Describe different feelings as we go through puberty and how to deal with them positively <i>Boys only session:</i> Explain when and how puberty starts Give examples of some of the physical body changes as we approach puberty Describe different feelings as we go through puberty and how to deal with them positively Recognise the need for good personal hygiene	HH Kids to teach - Puberty Sessions <i>Highlighted objectives are the ones that children can be withdrawn from and must have parent consent for.</i> Know when / how puberty starts Identify male and female changes during puberty Describe how reproductive organs work Recognise emotional changes during puberty Explain the menstrual cycle - <i>girls only session</i> Understand different sanitary product choices, how they are used and disposal of these - <i>girls only session</i> Recognise breast development - <i>girls only session</i> Describe the physical and emotional changes during puberty - <i>boys only session</i> State the names of male external and internal body parts - <i>boys only session</i> Outline male body functions - <i>boys only session</i> Recognise the need for maintaining good personal hygiene and testicular awareness - <i>boys only session</i> Explain conception and cell division and the terminology used Describe the signs and symptoms of pregnancy Outline the stages of pregnancy Identify who can help during pregnancy and the health needs of moth and child Identify why personal hygiene is important and some products to use Recognise what causes spots and how to treat them Know how much sleep is needed and why it is important